

Cheshire Medical Center - Art Nichols Café Menu September 14th - 18th

Week 1	Lunch Menu	Price
Monday 9/14/26	Cheshire Meatloaf	\$5.00
	Maple Mustard Salmon	\$5.20
	Quinoa Blend	\$1.00
	Mashed Potatoes	\$1.00
	California Blend	\$1.00
	Butternut Squash	\$1.00
Deli special	The Rachel Wrap	\$4.35
Soup	Kale Tomato & Bean	\$2.50
Tuesday 9/15/2026	1 Taco	\$3.00
	2 Tacos	\$6.00
	Mexican Rice	\$1.00
	Refried Beans	\$1.00
	Corn	\$1.00
	Cilantro Lime Slaw	\$1.00
Deli Special	Chicken Gyro	\$4.35
Soup	Chicken Enchilada	\$2.50
Wednesday 9/16/2026	Caesar Parmesan Crusted Chicken	\$4.80
	Baked Stuffed Shells	\$4.80
	Rice	\$1.00
	Broccoli	\$1.00
	Corn	\$1.00
	Red Potatoes	\$1.00
Deli Special	Shrimp Salad w/ lemon herb mayo	\$4.35
Soup	Tomato Cheddar	\$2.50
Thursday 9/17/2026	Swedish Meatballs	\$5.00
	Marry Me Chicken	\$4.80
	Beets	\$1.00
	Egg Noodles	\$1.00
	Green Beans	\$1.00
	Zucchini	\$1.00
Deli Special	The Dagwood	\$4.35
Soup	Chicken Curry Noodle	\$2.50
Friday 9/18/2026	BBQ Country Ribs	\$5.00
	Potato Flake Crusted Cod	\$5.20
	Summer Squash	\$1.00
	Mashed potato	\$1.00
	P E I	\$1.00
	Brussel Sprouts	\$1.00
Deli Special	Mediterranean Veggie Wrap	\$4.35
Soup	Fish Chowder	\$2.50