

Cheshire Medical Center - Art Nichols Café Menu Sept. 28th - Oct 2nd

Week 3	Lunch Menu	Price
Monday 9/28/2026	Stuffed Peppers	\$5.00
	Salmon Tzatziki	\$5.20
	Quinoa Blend	\$1.00
	Green Beans	\$1.00
	Summer Squash	\$1.00
	Asparagus	\$1.00
	Deli special Cheshire Chicken salad	\$4.35
	Soup Italian Wedding	\$2.50
Tuesday 9/29/2026	Bourbon Flank Steak	\$5.00
	Sweet & Sour Shrimp	\$5.30
	Red Potatoes	\$1.00
	Jasmine Rice	\$1.00
	Pearls & Peas	\$1.00
	California Blend	\$1.00
	Deli Special Buffalo Chicken	\$4.35
	Soup Chicken Noodle	\$2.50
Wednesday 9/30/2026	Chicken Enchilada Casserole	\$4.80
	Baked Manicotti	\$4.80
	Corn	\$1.00
	Brussel Sprouts	\$1.00
	PEI	\$1.00
	Dirty Rice	\$1.00
	Deli Special Tuna Boursin Wrap	\$4.35
	Soup Tomato Basil	\$2.50
Thursday 10/1/2026	Chicken Divan	\$4.80
	Horseradish Crusted Salmon	\$4.80
	Rice	\$1.00
	Egg Noodles	\$1.00
	Cape Cod Blend	\$1.00
	Zucchini	\$1.00
	Deli Special Chef Salad Wrap	\$4.35
	Soup Chili	\$3.00
Friday 10/2/2026	Herb Roasted Pork	\$5.00
	Baked Stuffed Garden Cod	\$5.20
	Broccoli	\$1.00
	Mashed Potatoes	\$1.00
	Roasted Butternut Squash	\$1.00
	Quinoa Blend	\$1.00
	Deli Special The Italian Stallion	\$4.35
	Soup Chicken Gnocchi	\$2.50