

Cheshire Medical Center - Art Nichols Café Menu Oct. 5th - 9th

Week 4	Lunch Menu	Price
Monday 10/5/2026	Dairy Free Ravioli w Vegan Pesto	\$4.80
	Lemon Rosemary Pork	\$5.00
	Baked Beans	\$1.00
	Zucchini	\$1.00
	Corn	\$1.00
	Potato Salad	\$1.00
Deli special	Seafood Salad	\$4.35
Soup	Minestrone	\$2.50
Tuesday 10/6/2026	Korean Beef	\$5.00
	Lemon Dill Salmon	\$5.20
	Stewed Tomatoes	\$1.00
	Rice	\$1.00
	Brussel Sprouts	\$1.00
	PEI Blend	\$1.00
Deli Special	Curried Egg Salad	\$4.35
Soup	Coconut Lime Chicken Curry	\$2.50
Wednesday 10/7/2026	Chicken Cordon Bleu	\$4.80
	Tomato Basil Shrimp & Sausage	\$5.30
	Quinoa	\$1.00
	Broccoli	\$1.00
	Garlic Knot	\$1.00
	Summer Squash	\$1.00
Deli Special	Chicken Caesar Salad Wrap	\$4.35
Soup	Creamy Lentil & Kale	\$2.50
Thursday 10/8/2026	Chicken Pot Pie	\$4.80
	Black Diamond Steak Teriyaki	\$4.80
	Herbed Cauliflower	\$1.00
	Red Potatoes	\$1.00
	Green Beans	\$1.00
	Biscuit	\$1.00
Deli Special	Buffalo Chicken Salad	\$4.35
Soup	French Onion	\$2.50
Friday 10/9/2026	Cheshire Mac & Cheese	\$5.00
	Baked Stuffed Haddock	\$5.20
	PEI Blend	\$1.00
	Jasmine Rice	\$1.00
	Egg Roll	\$1.00
	Corn	\$1.00
Deli Special	Roast Beef w/ Horseradish Cream	\$4.35
Soup	Seafood Bisque	\$3.00