

Cheshire Medical Center - Art Nichols Café Menu July 6th – 10th

Week 3	Lunch Menu		Price
Monday 7/6/2026		Stuffed Peppers	\$5.00
		Salmon Tzatziki	\$5.20
		Quinoa Blend	\$1.00
		Green Beans	\$1.00
		Summer Squash	\$1.00
		Asparagus	\$1.00
	Deli special	Cheshire Chicken salad	\$4.35
	Soup	Italian Wedding	\$2.50
Tuesday 7/7/2026		Bourbon Flank Steak	\$5.00
		Sweet & Sour Shrimp	\$5.30
		Red Potatoes	\$1.00
		Jasmine Rice	\$1.00
		Pearls & Peas	\$1.00
		California Blend	\$1.00
	Deli Special	Buffalo Chicken	\$4.35
	Soup	Chicken & Rice	\$2.50
Wednesday 7/8/2026		Tex Mex Quinoa	\$4.80
		Apricot Lime Chicken	\$4.80
		Corn	\$1.00
		Brussel Sprouts	\$1.00
		PEI	\$1.00
		Dirty Rice	\$1.00
	Deli Special	Tuna Boursin Wrap	\$4.35
	Soup	Tomato Basil	\$2.50
Thursday 7/9/2026		Thai Mango Chicken Stir-Fry	\$4.80
		Horseradish Crusted Salmon	\$4.80
		Mushrooms	\$1.00
		Rice	\$1.00
		Cape Cod Blend	\$1.00
		Zucchini	\$1.00
	Deli Special	Chef Salad Wrap	\$4.35
	Soup	Gazpacho	\$3.00
Friday 7/10/2026		Herb Roasted Pork	\$5.00
		Baked Stuffed Garden Cod	\$5.20
		Broccoli	\$1.00
		Mashed Potatoes	\$1.00
		Roasted Butternut Squash	\$1.00
		Quinoa Blend	\$2.00
	Deli Special	The Italian Stallion	\$4.35
	Soup	Chicken Gnocchi	\$2.50