

# Cheshire Medical Center - Art Nichols Café Menu October 20<sup>th</sup> – 24<sup>th</sup>

| Week 2               | Lunch Menu                    | Price  |
|----------------------|-------------------------------|--------|
| Monday 10/20/2025    | Lemon Parmesan Crusted Salmon | \$5.20 |
|                      | Shepherd's Pie                | \$5.00 |
|                      | Corn                          | \$1.00 |
|                      | Zucchini                      | \$1.00 |
|                      | Rice                          | \$1.00 |
|                      | Beans & Carrots               | \$1.00 |
| Deli special         | The Blue Beast                | \$4.35 |
| Soup                 | Tuscan Tomato & Tortellini    | \$2.50 |
| Tuesday 10/21/2025   | Beer Battered Haddock         | \$5.20 |
|                      | BBQ Pulled Pork               | \$5.00 |
|                      | Green Beans                   | \$1.00 |
|                      | Cauliflower                   | \$1.00 |
|                      | Tater Tots                    | \$1.00 |
|                      | Cole Slaw                     | \$1.00 |
| Deli Special         | Walnut Craisin Salad          | \$4.35 |
| Soup                 | Chili Verde                   | \$2.50 |
| Wednesday 10/22/2025 | Eggplant Lasagna              | \$4.80 |
|                      | Chicken Parmesan              | \$4.80 |
|                      | Garlic Bread                  | \$1.00 |
|                      | Linguini                      | \$1.00 |
|                      | Broccoli                      | \$1.00 |
|                      | Summer Squash                 | \$1.00 |
| Deli Special         | Turkey Avocado Chipotle Ranch | \$4.35 |
| Soup                 | Corn Chowder                  | \$2.50 |
| Thursday 10/23/2025  | General Tso's Chicken         | \$4.80 |
|                      | Veggie Lo Mein                | \$4.80 |
|                      | Kimchi Fried Rice             | \$1.00 |
|                      | Egg Roll                      | \$1.00 |
|                      | Asian Slaw                    | \$1.00 |
|                      | Cali Blend                    | \$1.00 |
| Deli Special         | Green Goddess Tuna Salad      | \$4.35 |
| Soup                 | Chicken & Rice                | \$2.50 |
| Friday 10/24/2025    | Teriyaki Salmon               | \$5.20 |
|                      | Brazilian Feijoda             | \$5.00 |
|                      | Asparagus                     | \$1.00 |
|                      | Edamame                       | \$1.00 |
|                      | Carrots                       | \$1.00 |
|                      | Quinoa Blend                  | \$1.00 |
| Deli Special         | Bacon Ranch Chicken Salad     | \$4.35 |
| Soup                 | Clam Chowder                  | \$2.50 |

Menu is subject to change without notice.